



# NACS News

*A Tradition  
of Caring*

March 2024  
Volume 25, Issue 3

**Native American Community Services of Erie & Niagara Counties, Inc.**

- 1005 Grant Street, Buffalo, New York, 14207, (716) 874-4460, Fax (716) 874-1874
- 1522 Main Street, Niagara Falls, New York, 14305, (716) 299-0914, Fax (716) 299-0903
- 76 West Avenue, Lockport, New York, 14094, (716) 302-3035, Fax (716) 302-3037
- 100 College Avenue, Suite 200, Rochester, New York, 14607, (585) 514-3984
- 960 James Street, Syracuse, NY 13203, (315) 322-8754

## March Is Red Cross Month

*submitted by George T. Ghosen, Editor*

In honor of those that turn compassion into action, Red Cross Month falls in the month of March. The Red Cross Society has been saving lives since the 1800s and is made up of volunteers who offer to help others in times of crisis. The American Red Cross came into being in 1881. Their first congressional charter was received in 1900. According to the statistics, the American Red Cross responds to an emergency every eight minutes. That means that in every 24-hour period, the Red Cross responds to approximately 180 emergencies. The Red Cross needs volunteers now more than ever, so consider donating some time or funds to the cause.

### History of Red Cross Month

The Red Cross is a committee dedicated to helping people affected by war and crises, as well as anyone else in dire need of help. It is made up of fearless volunteers who make it their objective to put others' needs above their own.

The International Committee of The Red Cross (I.C.R.C.) was

founded in 1863 by Henry Dunant in Geneva, Switzerland, and called for improved care for wounded soldiers in wartime. In August 1864, the first Geneva Convention was held and armies became obliged to care for wounded soldiers - whatever side they were on. A unified emblem - the now-iconic red cross on its white background - was implemented.

In 1919, following the end of World War I, the I.C.R.C. founded the League of Red Cross Societies. Later, in World War II, the Red Cross's activities expanded hugely as the organization worked tirelessly to save the lives of soldiers and civilians on both sides of the conflict. The Red Cross worked tirelessly to ship relief supplies across the globe, reaching both prisoners of war and civilians.

Since the early 1900s, the Red Cross has been giving training to other civilians. It is thanks to the Red Cross that the first U.S. civilian blood program was launched in the

1940s. Today, that program provides more than 40% of the blood products in the country.

Red Cross Month honors people like you who make the life-saving mission of the American Red Cross possible. The celebration has been an annual tradition since 1943 when President Franklin D. Roosevelt announced that March would now be Red Cross Month.

### About the American Red Cross

The American Red Cross shelters, feeds and provides comfort to victims of disasters; supplies about 40% of the nation's blood; teaches skills that save lives; distributes international humanitarian aid; and supports veterans, military members and their families. The Red Cross is a nonprofit organization that depends on volunteers and the generosity of the American public to deliver its mission. For more information, please visit: [redcross.org](http://redcross.org) or [CruzRojaAmericana.org](http://CruzRojaAmericana.org), or follow us on social media.

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## NATIVE AMERICAN COMMUNITY SERVICES

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#### Stages of Life Empowerment Program

Simone Alston



## MOVING/CHANGE OF ADDRESS?

If you are planning on moving or changing your address, please contact NACS so we may update our mailing list. Send an email to Newsletter Editor:

[gghosen@nacswny.org](mailto:gghosen@nacswny.org)

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## How Do You Become a Red Cross Volunteer?

The Red Cross has a critical need for volunteers as the climate crisis leads to more frequent and intense disasters. We need additional volunteers to help support the people affected by these deadly storms, devastating floods, raging fires and extreme heat.

The Red Cross is responding to almost twice as many large disasters as we did a decade ago. "We are seeing more disasters that are significantly larger, impacting communities at a much higher rate in today's world than even say 10, 15 or 20 years ago," said Jennifer Pipa, vice president, Red Cross Disaster Programs. "They're larger, and they're more destructive, and that has a significant impact on our organization and how we're challenged to deliver our mission."

## How To Help

About 275,000 volunteers currently support the Red Cross. Representing more than 90% of the Red Cross workforce, their support makes it possible to provide relief and comfort for disaster victims, life-saving blood products for patients, emergency support for military families and veterans, and much more. Please resolve to help by volunteering in 2024. Visit [redcross.org/volunteertoday](https://redcross.org/volunteertoday) to get started and learn about our most-needed volunteer positions below.

**Disaster Volunteers** - Some of our most needed disaster-related volunteer roles include:

- ♥ **Disaster Action Team:** Most of the 60,000 emergencies that the Red Cross responds to each year are smaller disasters like

home fires and these are no less devastating to the families affected. As a Disaster Action Team volunteer, you can help comfort and support people in your community by meeting any immediate needs such as food, shelter, clothing or supplies and connecting them to long term recovery services. We supply all the training you need.

- ♥ **Disaster Recovery Care:** Case-work volunteers provide support to people after disasters to help them get back on their feet. This can include providing referrals to other organizations, serving as an advocate, and issuing financial assistance through a special online system. Volunteers are needed to help both virtually and onsite after disasters.
- ♥ **Disaster Mental Health:** The Disaster Mental Health Service Associate/Worker provides mental health support to those impacted by a disaster. To be qualified, you must hold a master's degree and a current, unencumbered license as a social worker, psychologist, professional counselor, marriage and family therapist, psychiatrist, school psychologist or school counselor. Current psychiatric nurses with state license as a registered nurse and at least two years experience in a psychiatric setting are also qualified, as are retired mental health professionals who were licensed and maintained a license or certification in good standing upon retirement.

**Biomedical Services** - The Red Cross helps to supply about 40% of the nation's blood, and we depend on volunteers to help ensure patients have access to this lifesaving gift.

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- ♥ [Blood Donor Ambassador: Volunteer Blood Donor Ambassadors](#) ensure that blood donors have a pleasant and fulfilling experience, from the moment they arrive to the moment they leave. They greet donors, answer questions and thank them for their donation.
- ♥ [Blood Transportation Specialist](#): Volunteer Transportation Specialists deliver life-saving blood products from Red Cross distribution facilities to hospitals, using a Red Cross-owned vehicle. Typical shifts are about 4 hours. We ask for a commitment to 2-4 shifts per month (or more if you can).

Your time and talent can make a real difference in people's lives. Visit:

[redcross.org/volunteertoday](http://redcross.org/volunteertoday) and get started on what will be one of the most rewarding experiences of your life.

## How to Observe Red Cross Month

### 1. [Volunteer to Help](#)

The Red Cross runs with the help of volunteers from across the world. Do a selfless act today by volunteering to help the Red Cross Society near you. You can touch souls and possibly save lives.

### 2. [Donate Blood](#)

The Red Cross organizes many blood donation runs. Find out more information from your local Red Cross and pick a day to donate some blood. These donations are used to help wounded soldiers or civil-

ians in need.

### 3. [Learn Lifesaving Skills](#)

Learning a lifesaving skill is a necessity. You never know when or where you can meet someone in need of help. The Red Cross conducts training on things like first aid and CPR to help civilians learn the skills they need to possibly save a life. Book a training session today.

## Learn to Help Until Help Arrives

Every second counts when someone is having a cardiac emergency. The American Red Cross is urging everyone to learn CPR and how to use an AED.

**\*\***Last year, a customer collapsed in a convenience store parking lot in Bellingham, Massachusetts. Kevin Barcelos, the assistant store manager, jumped into action. He immediately called 911 and retrieved the AED. Kevin placed the man on his back, checked him over and placed the AED pads on him. No shock was advised from the device, so Kevin began CPR. He continued until a police officer and EMS arrived and transported the man to the hospital. For stepping up and using the skills he learned in his Red Cross training, Kevin earned the Red Cross Certificate of Merit. **\*\***

**Heart Attacks** happen when the blood supply to part of the heart muscle is blocked. The cells in the affected area become damaged and can die, causing the heart to not

pump normally, and if untreated, stop pumping blood.

**Sudden Cardiac Arrest** occurs when the heart suddenly stops beating because of abnormal electrical activity. Knowing what to do is especially important because 70% of all cardiac arrests happen in the home, so the life you may save could be a family member or a friend.

**CPR** is necessary if someone collapses and is not breathing or only gasping. They'll be unresponsive and won't have a pulse. CPR, performing cycles of chest compressions and rescue breaths, is the best option to use for infants, children and drowning victims. Hands-only CPR is giving chest compressions without any mouth-to-mouth contact.

**AED** is short for automated external defibrillator. It's a device that analyzes the heart's rhythm and, if necessary, advises the rescuer to deliver an electrical shock. That shock helps the heart re-establish an effective rhythm. AEDs are easy to use. You turn on the device and follow the voice prompts. An AED will never shock someone who doesn't need it. The Red Cross can help you or your organization [purchase an AED](#) that meets your needs and fits your budget.

**Training** can give you the knowledge and skills to act in an emergency. In-person and online courses are [available](#). Instructors provide individual feedback during in-person training sessions and use "peer-to-peer learning." Everyone who is in a class is divided into teams and takes turns playing the role of coach, observer and lifesaver. It's a

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proven way to actively learn and retain what you've learned.

Download the free [Red Cross First Aid app](#) and activate the [Red Cross First Aid skill](#) for instant access to information on handling the most common first aid emergencies including how to perform CPR and use an AED.

Knowing what to do in the moments that matter can save someone's life.

### Why American Red Cross Month is Important

#### ♥ Helps Save Lives

The American Red Cross provides vital services such as disaster relief and blood donation, which help save the lives of countless individuals in need. By supporting this organization through National Red Cross Month, you are making a direct impact on people's lives and helping to make the world a better place.

#### ♥ Raises Awareness for Important Causes

During National Red Cross Month, the organization shines a spotlight on pressing issues such as disaster

preparedness and blood shortages. This helps to raise awareness and educate the public about these important topics, ultimately leading to a more informed and proactive society.

#### ♥ Brings Communities Together

The American Red Cross is built upon the principles of compassion and service to others. By participating in National Red Cross Month events and volunteering with the organization, individuals can come together with their neighbors and work towards a common goal - making a positive impact on their communities.

### 5 Amazing Facts for American Red Cross Month

#### 1. Clara Barton Founded the American Red Cross at Age 60

Clara Barton, the founder of American Red Cross, didn't establish the organization until she was 60, demonstrating that it's never too late to make a positive impact.

#### 2. The Organization Aids in More Than 60,000 Disasters Annually

The American Red Cross responds to an average of more than 60,000 disasters annually, the majority of which are home fires.

#### 3. The American Red Cross Trains Millions in Lifesaving Skills

Every year, more than 5.9 million people in the US are trained by the American Red Cross in essential lifesaving skills, including CPR, AED use, and first aid.

#### 4. Red Cross Supplies About 40% of the Nation's Blood

With more than 2.8 million volunteer donors, the American Red Cross provides approximately 40% of the nation's blood supply to hospitals.

#### 5. The American Red Cross Helps Vaccinate 500 Million Children Worldwide

In collaboration with global partners, the American Red Cross has contributed to the immunization of over 500 million children against measles and rubella worldwide.

#### Resources:

[National Today Holiday Calendar](#)  
[American Red Cross](#)

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## National Kidney Month 2024

*submitted by George T. Ghosen, Editor*

March is National Kidney Month! Did you know your kidneys filter all of your blood up to 25 times a day? This kidney month, join us in getting to know your kidneys. Learn how you can protect these two fist-sized, bean-shaped organs that work around the clock for you.

### Get To Know Your Kidneys

No matter your age, or whether you have kidney disease, learning about your kidneys can prevent or slow the progression of kidney disease.

#### 1. Learn about kidney health

Your kidneys make urine and remove waste and

extra fluid from your body. If your kidneys are struggling, they will work harder to keep up. You can lose up to 60% of your kidney function before you notice any problems. That's why it's important to take steps

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to keep your kidneys healthy today.

2. Understand your risk for kidney disease

If you have diabetes, high blood pressure, heart disease, or a family history of kidney disease, or if you are over age 65, talk with a health care professional about your risk for kidney disease. Checking on your kidneys is the best way to know if they are healthy. Your health care professional can help you get tested for kidney disease and talk with you about your test results.

3. Embrace a kidney-healthy lifestyle

Take steps to build healthy habits. This can include eating healthy foods you enjoy, being active for 30 minutes each day, and aiming for seven to eight hours of sleep at night. Also quit smoking and limit your alcohol intake.

**Learn More About Your Kidneys**

- ♥ [Your Kidneys & How They Work](#)
- ♥ [Preventing Chronic Kidney Disease](#)
- ♥ [Chronic Kidney Disease](#)

[Tests & Diagnosis](#)

- ♥ [Kidney Disease in Children](#)

**Toll free helpline**

Kidney disease or transplant can be scary. Speak with a specialist who will answer your questions and listen to your concerns. Contact NKF Cares at:

[855.NKF.CARES](tel:855.NKF.CARES)  
[\(855.653.2273\)](tel:855.653.2273) or  
[nkfcare@kidney.org](mailto:nkfcare@kidney.org)

Resources:

[National Institute of Diabetes and Digestive, and Kidney Diseases](#)

[National Kidney Foundation](#)

*(See chart on page 23 “Get To Know Your Hard-Working Kidneys”)*



Native American Community Services of Erie & Niagara Counties, Inc. (NACS), Buffalo State University & the Office of Equity & Campus Diversity Cordially Invite You to the



## All Our Relations Racial Healing Circle *and* Multicultural Dance Celebration



**Saturday, March 9, 2024 , 1—6 pm**



EQUITY and  
CAMPUS DIVERSITY  
BUFFALO STATE • The State University of New York

At the Student Union, Buffalo State University, 1300 Elmwood Ave., Buffalo NY 14222

Planned Agenda

12:30 pm—Doors Open, Registration & Sign In

**1 pm—All Our Relations Racial Healing Circle**

3 pm—Break, light lunch provided

**3:30 pm—Multicultural Dance Celebration**

*Anticipated Order of Cultural Groups: Polish Heritage Dancers, Devi Bollywood Performing Arts, African Warrior & Drum Dance, El Batey Puerto Rican Center, Hoops of Hope*

5:50 pm—Thanks, Closing, End of Event

To register, please visit:

<https://www.brownpapertickets.com/event/6255997>

For more information, please contact Pete Hill, NACS' Special Initiatives Director, at [phill@nacswny.org](mailto:phill@nacswny.org) or 716-574-8981

*This event is supported by the Community Foundation for Greater Buffalo, Buffalo State University Office of Equity & Campus Diversity, and businesses, private foundations, and caring individuals, like you!*



# Protect Yourself from Scams

*This is brought to you by the Social Security Administration and its Office of the Inspector General.*

**B**e on the lookout for fake calls, texts, emails, websites, messages on social media, or letters in the mail. [Report a Social Security-related scam](#)

## What Are Social Security-Related Scams?

Criminals continue to impersonate SSA and other government agencies in an attempt to obtain personal information or money.

Scammers might call, email, text, write, or message you on social media claiming to be from the Social Security Administration or the Office of the Inspector General. They might use the name of a person who really works there and might send a picture or attachment as “proof.”

SSA Scam Awareness PSA 60 - <https://youtu.be/0I5RX73PnFY>

## Four Basic Signs of a Scam

Recognizing the signs of a scam gives you the power to ignore criminals and report the scam. Scams come in many varieties, but they all work the same way:

1. Scammers **pretend** to be from an agency or organization you know to gain your trust.
2. Scammers say there is a **problem** or a prize.
3. Scammers **pressure** you to act immediately.
4. Scammers tell you to **pay** in a specific way.

## Known Tactics Scammers Use

Scammers frequently change their approach with new tactics and messages to trick people. We encourage you to stay up to date on the latest news and advisories by following SSA OIG on LinkedIn, Twitter, and Facebook or subscribing to receive email alerts.

These are red flags; you can trust that Social Security will never:

- ◆ Threaten you with arrest or legal action because you don't agree to pay money immediately.
- ◆ Suspend your Social Security number.
- ◆ Claim to need personal information or payment to activate a cost-of-living adjustment (COLA) or other benefit increase.
- ◆ Pressure you to take immediate action, including sharing personal information.
- ◆ Ask you to pay with gift cards, prepaid debit cards, wire transfers, cryptocurrency, or by mailing cash.
- ◆ Threaten to seize your bank account.
- ◆ Offer to move your money to a “protected” bank account.
- ◆ Demand secrecy.
- ◆ Direct message you on social media.

Be skeptical and look for red flags. If you receive a suspicious call, text message, email, letter, or message on social media, the caller or sender may not be who they say they are. Scammers have also been known to:

- ◆ Use legitimate names of Office of Inspector General or Social Security Administration employees.
- ◆ “Spoof” official government phone numbers, or even numbers for local police departments.
- ◆ Send official-looking documents by U.S. mail or attachments through email, text, or social media message.

How To Spot A Scam - <https://youtu.be/cyaUWTFLw3c>

Fraudsters create imposter social media pages and accounts using Social Security-related images and jargon. This helps them appear as if they're associated with or endorsed by Social Security. The imposter pages could be for the agency or Social Security and OIG officials. The user is asked to send their financial infor-

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mation, Social Security number, or other sensitive information. Social Security will never ask for sensitive information through social media as these channels are not secure.

Here are some ways to spot an imposter page:

- ◆ Number of followers.
- ◆ Incorrect punctuation or spelling.
- ◆ Links to pages not on [ssa.gov](https://ssa.gov).
- ◆ Advertisements for forms or other SSA documents.
- ◆ Incorrect social media handle. To view the list of Social Security's official social media channels, we encourage you to visit [www.ssa.gov/socialmedia](https://www.ssa.gov/socialmedia)

It is illegal to reproduce federal employee credentials and federal law enforcement badges. Federal law enforcement will never send photographs of credentials or badges to demand any kind of payment, and neither will federal government employees.

Report the scam.

**Note** - Scammers are using Artificial Intelligence (AI) as an additional tactic to trick people. You may find more information regarding AI Scams from the Senate Special Committee on Aging's brochure, "[Emerging Threat: Artificial Intelligence](#)".

### How to Avoid a Scam

Protect yourself, friends, and family — If you receive a suspicious call, text, email, social media message, or letter from someone claiming to be from Social Security:

1. **Remain calm.** If you receive a communication that causes a strong emotional response, take a deep breath. Talk to someone you trust.
2. **Hang up or ignore the message.** Do not click on links or attachments.
3. **Protect your money.** Scammers will insist that you pay with a gift card, prepaid debit card, cryptocurrency, wire transfer, money transfer, or by mailing cash. Scammers use these forms of payment because they are hard to trace.
4. **Protect your personal information.** Be cautious of any contact claiming to be from a government agency or law enforcement telling you about a problem you don't recognize, even if the caller has some of your personal information.
5. **Spread the word** to protect your community from scammers.
6. **Report the scam** to the Office of the Inspector General at [oig.ssa.gov/report](https://oig.ssa.gov/report).

### How to Report

When you report a scam, you are providing us with powerful data that we use to inform others, identify trends, refine strategies, and take legal action against the criminals behind these scam activities.

[Report a scam](#)

If you are unsure about the type of scam, but want to report it, visit USA.gov's [Where To Report a Scam](#). The tool will help you to find the right place to report a scam.

### What to Do if You Were Scammed

Recovering from a scam can be a long and difficult process. Here are some reminders:

- ◆ Do not blame yourself. Criminal behavior is not your fault.
- ◆ Stop contact with the scammer. Do not talk to them or respond to their messages.
- ◆ Notify the three major credit bureaus: [Equifax](#), [Experian](#), and [TransUnion](#) to add a fraud alert to your credit report.
- ◆ [Protect your Social Security Number](#).
- ◆ Request a [replacement SSN card](#) or [new SSN](#), if necessary.

The Federal Trade Commission's "[What To Do if You Were Scammed](#)" article has information about what to do if you paid someone you think is a scammer or gave a scammer your personal information or access to your computer or phone.

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Additionally, the Federal Trade Commission provides assistance in multiple languages. The Federal Trade Commission's ["New Help for Spotting, Avoiding, and Reporting Scams in Multiple Language"](#) and ["Consumer Education in Multiple Languages"](#) has information about reporting and avoiding scams in your preferred language.

**Help Us "Slam the Scam"!**

Please visit our [Resources page](#) for more information on how you can help us "Slam the Scam".



Resources:

[Social Security Administration](#)

# RAISE HOPE & FOSTER DREAMS

## Become a Foster Parent



**Native American Community Services  
of Erie and Niagara Counties  
More information call 716-574-8940**





## Welcome (Back) Tianna Porter!

Tianna has recently returned to Native American Community Services to step into the role of Economic Empowerment Director. Tianna is excited to be back to working within the local Buffalo Native Community.

Tianna has over 10 years of Workforce Development experience and has worked at a variety of other non-profits based in Buffalo and New York City including the New York Indian Council, the Buffalo Employment & Training Center, and the Doe Fund. In some of her previous roles, Tianna was responsible for overseeing and developing programming, classes, and career counseling to ensure that clients had the necessary resources and support to be successful in finding a job and, eventually, building a career.

While working at various non-profits, Tianna has seen first-hand how easily barriers could impede her clients from achieving the self-sufficiency they need and desire. These experiences have opened her eyes to the need for professionals who can mentor and show individuals how to leverage their education, training, and career development skills for empowerment and self-sufficiency. She feels incredibly honored to be able to do the work that she does daily and is excited to be back at Native American Community Services.





# Join the *Youth Leadership Team!*

A Project of  **CAI**

in partnership with  
Native American Community Services

The YLT are youth advisors that provide valuable feedback to improve how youth are served in the Buffalo community.

## ARE YOU:

- 14-18 years old?
- living or attending school in the zip codes 14206, 14211, 14212, 14214, or 14215?
- an influencer amongst your peers?
- passionate about issues that affect youth?

## DO YOU WANT TO:

- help your community?
- build leadership skills?
- have a voice in local policy and decision-making?

*YOUR TIME IS  
VALUED, WE PROVIDE  
COMPENSATION AT  
\$15/HOUR!*

**Apply online!**



*Application Deadline:* March 15, 2024

The project described was supported by Grant Number 1-TP1AH000325-01-00 from the HHS Office of Population Affairs. Contents are solely the responsibility of the authors and do not necessarily represent the official views of the Department of Health and Human Services or the Office of Population Affairs.

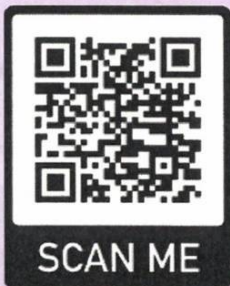




### ABOUT NACS CLUBHOUSE:

NACS Youth Clubhouses are an alcohol and drug free space for Native youth ages 12-17.

Native youth are welcome to join our drop-in days. The clubhouses are open in the evenings during the school year. Snacks and dinners are provided for youth!



FOR UPDATES ON EVENTS, UPDATED SCHEDULES, AND CURRENT SCHEDULES SCAN OUR QR CODE OR FOLLOW OUR INSTAGRAM! @NACS\_CLUBHOUSE

# ERIE AND NIAGARA YOUTH CLUBHOUSES

Clubhouse Locations (select days):

Erie County: 1005 Grant Street, Buffalo, NY 14207

Niagara County: 1522 Main Street, Niagara Falls, 14305



### POSITIVE OUTLETS

- MAKE YOUR VOICE HEARD
- ONE ON ONE SUPPORT AND GUIDANCE
- SAFE AND INCLUSIVE ENVIRONMENT
- LEARN FINANCIAL RESPONSIBILITY WITH CLUB BUCKS!

### CLUBHOUSE PERKS

### YOUTH HANGOUTS

- ALL NACS CLUBHOUSE LOCATION PROVIDES:
- POOL TABLE
  - DARTS
  - MOVIE/GAME NIGHTS
  - GUEST SPEAKERS
  - FIELD TRIPS
  - DINNER/SNACKS
  - TRANSPORTATION



### CULTURAL IMPACTS

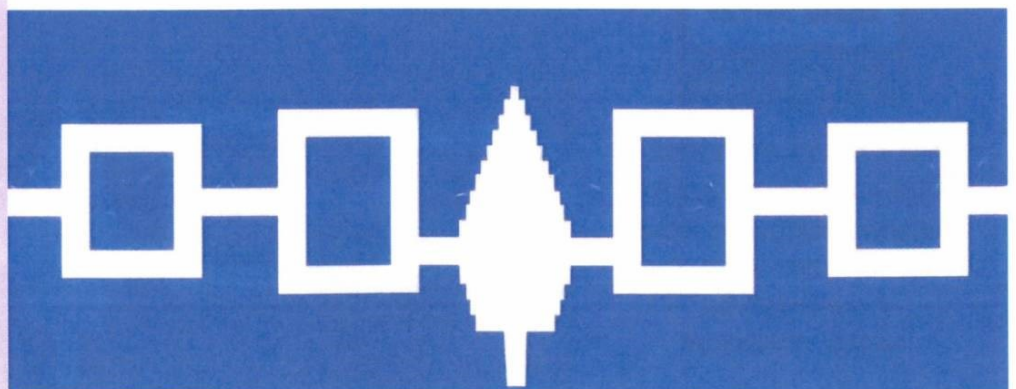
- LANGUAGE PROGRAMMING OPPORTUNITIES
- SOCIAL DANCES / HISTORY OF SOCIAL DANCING
- CULTURAL & EDUCATIONAL WORKSHOPS



For more information, please contact:

Hillary Beaudouin, Erie County Clubhouse Manager: (716) 449-6472  
Kashmir Bowser, Niagara County Clubhouse Manager: (716) 449-6405

Funded By: The Office of Addiction Services and Supports, foundations, businesses, and caring individuals





# CLUBHOUSE CORNER



## MARCH EDITION

*“When we listen and celebrate what is both common and different, we become wiser, more inclusive, and better as a community.”*  
- Pat Wadors

### FIELD TRIP TO THE BOTANICAL GARDENS



Last month our youth clubhouses for both Erie and Niagara county explored the Buffalo Botanical Gardens!

**To join us for our next outing event, please contact:**  
Erie County Clubhouse Manager, Hillary: 716-449-6472  
Niagara County Clubhouse Manager, Kashmir: 716-449-6405

### GALENTINES CELEBRATION



Our girls from both Niagara and Erie County Clubhouses celebrated Galentine's Day with their peers! We discussed self care, ways to love yourself, and importance of healthy relationships with others and yourself!

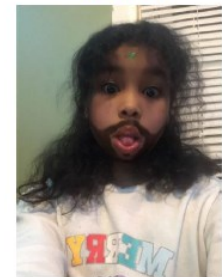
## YOUTH SPOTLIGHTS

### ERIE COUNTY SPOTLIGHT: HUNTER



Meet Hunter! Hunter has been a member of our clubhouse since July 2023 and has shown so much growth these past few months. He is a great leader, confident, and shows kindness and promotes inclusivity amongst his clubhouse peers. His favorite NACS events have been social dance lessons, Boy's Nights, and more!

### NIAGARA COUNTY SPOTLIGHT: TAMIAH



Tamiah has been a member of the clubhouse since December 2023. She is outgoing, strong-willed and a little bit goofy. She is always willing to actively participate in clubhouse and often has us all laughing. We look forward to continue to see her grow!

**STAY UPDATED ON OUR CLUBHOUSE EVENTS WITH SOCIAL MEDIA!**



NACS CLUBHOUSE CORNER - MARCH 2024



**ATTENTION NATIVE YOUTH OF  
NIAGARA COUNTY AGES 12-17**

# **ON-CALL HOURS**



**HAVE A QUESTION? NEED RESOURCES?  
JUST WANT TO CHAT? HERE'S YOUR  
CHANCE!**

**TODAY - 2-5 PM  
TEXT OR CALL KASHMIR - (716) 449 6405  
OR SEND DMS TO OUR INSTAGRAM  
@NACS\_CLUBHOUSE**

NACS YOUTH CLUBHOUSE IS FUNDED BY NYS: OFFICE OF ADDICTION SERVICES & SUPPORTS (OASAS)

**ATTENTION NATIVE YOUTH OF ERIE  
COUNTY AGES 12-17**

# **ON-CALL HOURS**



**HAVE A QUESTION? NEED RESOURCES?  
JUST WANT TO CHAT? HERE'S YOUR  
CHANCE!**

**EVERY MONDAY, 2-5 PM  
TEXT OR CALL HILLARY - (716) 449 6472  
OR SEND DMS TO OUR INSTAGRAM  
@NACS\_CLUBHOUSE**

NACS YOUTH CLUBHOUSE IS FUNDED BY NYS: OFFICE OF ADDICTION SERVICES & SUPPORTS (OASAS)



**NACS CLUBHOUSE AND P2W:**

# **FAMILY NIGHT**



**TUESDAY, MARCH 5TH 5-7 PM**

**AN EVENING OF BONDING, MAKING MEMORIES, AND  
ENJOYING A WIDE RANGE OF FUN-FILLED ACTIVITIES.**

**WHERE: NACS ERIE CLUBHOUSE - 1005 GRANT STREET,  
BUFFALO**

**TO ATTEND, PLEASE CONTACT:**

**ERIE COUNTY CLUBHOUSE-HILLARY: (716) 449 6472**

**NIAGARA COUNTY CLUBHOUSE-KASHMIR: (716) 449 6405**

**Transportation Limited**

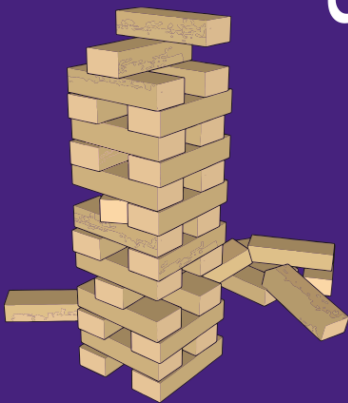


ATTENTION NATIVE YOUTH OF ERIE COUNTY  
AGES 12-17

# CLUBHOUSE YOUTH DROP-IN

EVERY TUESDAY (BEGINNING MARCH 5TH)  
TIME: 4-7 PM

JOIN US FOR UNLIMITED GAMES,  
CRAFTS, AND AN OPPORUTNITY TO  
COLLECT CLUB BUCKS!



WHERE: ERIE COUNTY  
CLUBHOUSE - 1005 GRANT  
STREET, BUFFALO NY





# NDN TACO

## *& Activity Night*

LEARN HOW TO MAKE DELICIOUS TACOS AND  
JOIN US FOR A GOOD TIME!  
( FOR NATIVE YOUTH AGES 12-17)

**\*\*TRANSPORTATION LIMITED\*\***

WHERE: NACS ERIE CLUBHOUSE

WHEN: WEDNESDAY, MARCH 6TH 5-7 PM

TO ATTEND, PLEASE CONTACT:

ERIE COUNTY CLUBHOUSE-HILLARY: (716) 449 6472

NIAGARA COUNTY CLUBHOUSE-KASHMIR: (716) 449 6405

NACS YOUTH CLUBHOUSE IS FUNDED BY NYS: OFFICE OF ADDICTION SERVICES & SUPPORTS (OASAS)

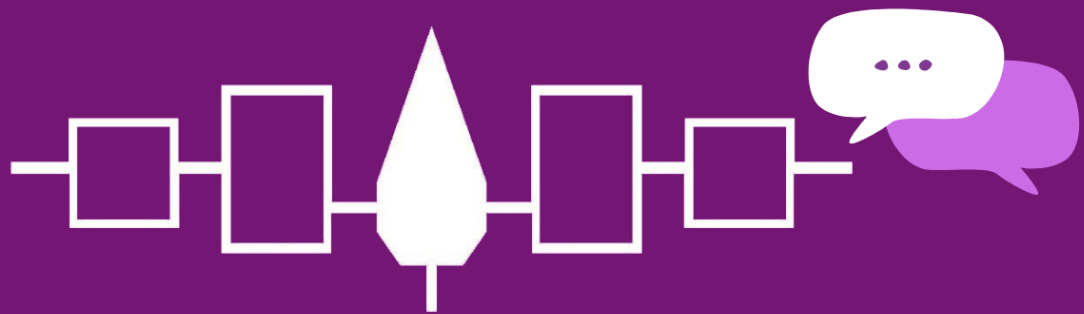
**ATTENTION NATIVE YOUTH AGES 12-17:  
THE NACS CLUBHOUSE PRESENTS  
LET'S SPEAK SERIES**

**Aetewatá:ti**

**("Let's Speak" in Mohawk)**

**"Ĕdwádi'sda:ë"**

**("Let's Speak" in Seneca)**



**LEARN HOW TO SPEAK IN MOHAWK AND/OR SENECA  
LANGUAGE! CLASSES WILL BE HELD EVERY THURSDAY  
STARTING MARCH 7TH**

**WHERE: NACS ERIE CLUBHOUSE  
WHEN: EVERY THURSDAY, 5:30-7:30 PM  
TO ATTEND, PLEASE CONTACT:  
HILLARY: (716) 449 6472  
KASHMIR: (716) 449 6405**

**NACS YOUTH CLUBHOUSE IS FUNDED BY NYS: OFFICE OF ADDICTION SERVICES & SUPPORTS (OASAS)**

ATTENTION NATIVE YOUTH AGES 12-17

# ***GIRL'S NIGHT***

***RISING ABOVE AND ACHIEVING  
OUR POTENTIAL***

JOIN US FOR OUR HAIR CARE NIGHT!  
LEARN HOW TO STYLE AND MAINTAIN YOUR HAIR  
WITH HAIR MASKS, OIL TREATMENTS, & MORE!



**WHEN: FRIDAY, MARCH 8TH**

**TIME: 5-7 PM**

**WHERE: NIAGARA COUNTY CLUBHOUSE - 1522  
MAIN STREET, NIAGARA FALLS**

**TO ATTEND, PLEASE CONTACT:**

**ERIE COUNTY CLUBHOUSE-HILLARY: (716) 449 6472**

**NIAGARA COUNTY CLUBHOUSE-KASHMIR: (716) 449 6405**

***SPOTS LIMITED!***

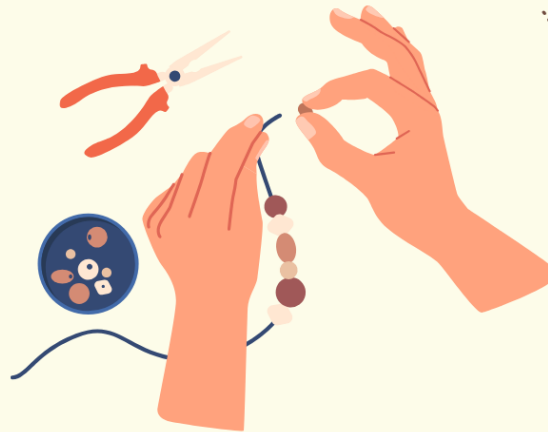
NIACS YOUTH CLUBHOUSE IS FUNDED BY NYS: OFFICE OF ADDICTION SERVICES & SUPPORTS (OASAS)

**ATTENTION NATIVE YOUTH AGES 12-17**

# ***GIRL'S NIGHT***

***RISING ABOVE AND ACHIEVING  
OUR POTENTIAL***

**DIY CHARM JEWELRY: LEARN HOW TO MAKE  
A CHARM NECKLACE OR BRACELET!**



**WHEN: WEDNESDAY, MARCH 13TH**

**TIME: 5-7 PM**

**WHERE: NIAGARA COUNTY CLUBHOUSE - 1522  
MAIN STREET, NIAGARA FALLS**

**TO ATTEND, PLEASE CONTACT:**

**ERIE COUNTY CLUBHOUSE-HILLARY: (716) 449 6472**

**NIAGARA COUNTY CLUBHOUSE-KASHMIR: (716) 449 6405**

***SPOTS LIMITED!***

NACS YOUTH CLUBHOUSE IS FUNDED BY NYS: OFFICE OF ADDICTION SERVICES & SUPPORTS (OASAS)



**ATTENTION NATIVE YOUTH AGES 12-17**

# ***BOY'S NIGHT!***

**JOIN US FOR JACKBOX GAME NIGHT!  
BATTLE IT OUT WITH YOUR PEERS & EARN  
CLUB BUCKS!**



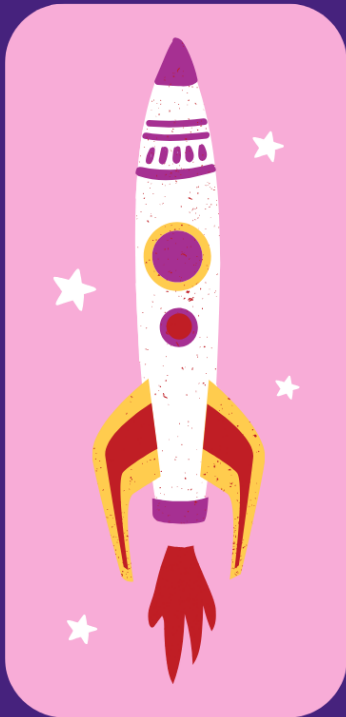
**WHEN: WEDNESDAY, MARCH 15TH  
TIME: 5-7 PM**

**WHERE: ERIE COUNTY CLUBHOUSE - 1005 GRANT ST,  
BUFFALO**

**TO ATTEND, PLEASE CONTACT:  
ERIE COUNTY CLUBHOUSE-HILLARY: (716) 449 6472  
NIAGARA COUNTY CLUBHOUSE-KASHMIR: (716) 449 6405**

NACS YOUTH CLUBHOUSE IS FUNDED BY NYS: OFFICE OF ADDICTION SERVICES & SUPPORTS (OASAS)

*Attention Native Youth Ages 12-17, Please Join us For:*



# TRIP TO ROCHESTER MUSEUM OF SCIENCE

*PERMISSION SLIPS  
REQUIRED*

**IGNITE YOUR CURIOSITY BY EXPLORING  
DIFFERENT EXHIBITS AND A PLANETARIUM SHOW!**

**SAT. MARCH 23RD**

TRANSPORTATION IS LIMITED,  
RSVP BY 3/21

*PICK UPS BEGIN AT 9:15 AM*



**TO RSVP PLEASE CONTACT:**

**ERIE COUNTY CLUBHOUSE MANAGER: HILLARY - (716) 449 6472**

**NIAGARA COUNTY CLUBHOUSE MANAGER: KASHMIR - (716) 449 6405**

NACS YOUTH CLUBHOUSE IS FUNDED BY NYS: OFFICE OF ADDICTION SERVICES & SUPPORTS (OASAS)



# March is **National Kidney Month**

Get to know your hard working kidneys

## 6 WAYS KIDNEYS KEEP YOU HEALTHY



Regulate fluid levels

Activate Vitamin D for healthy bones

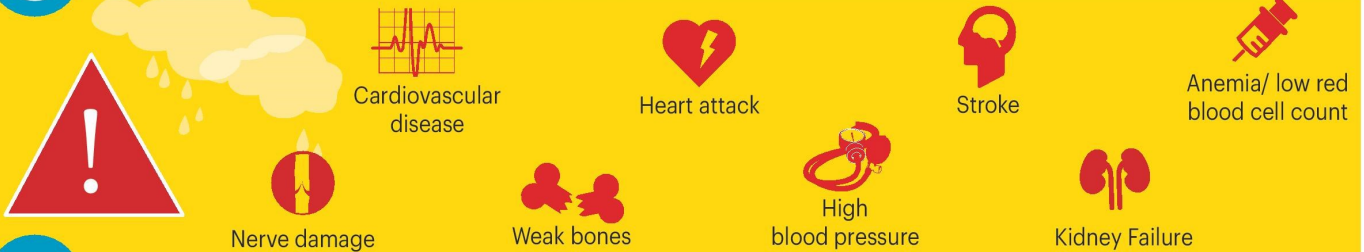
Filter wastes from the blood

Directs production of red blood cells

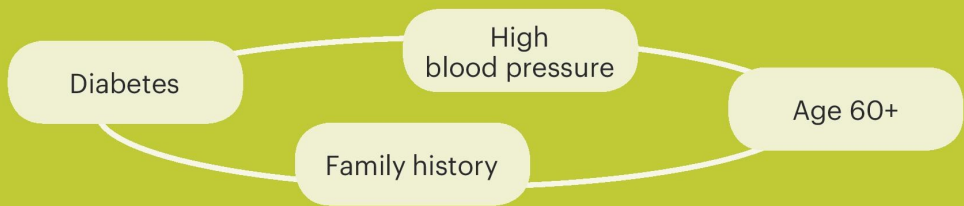
Regulate blood pressure

Keep blood minerals in balance

## 8 PROBLEMS KIDNEY DISEASE CAN CAUSE



## 4 RISK FACTORS



## 7 SYMPTOMS



Swelling: face, hands, abdomen, ankles, feet

Blood in urine  
Foamy urine

Puffy eyes

Difficult, painful urination

Increased thirst

Fatigue

## 2 TESTS YOU CAN TAKE (BLOOD AND URINE)



**Urine albumin-to-creatinine ratio** estimates the amount of a type of protein, albumin, that you excrete in your urine.

**Glomerular Filtration Rate (GFR)** tells how well your kidneys are working to remove wastes from your blood. It is the best way to check kidney function. Doctors measure blood creatinine (waste build up) levels and perform a calculation based on race, age and gender.



National Kidney Foundation®

Learn more at [kidney.org](http://kidney.org)



# SEEKING PARENTS OR GUARDIANS

## American Indian/Alaska Native Parenting & Health Research Study

### Eligibility

- ▶ Self-identify as American Indian or Alaska Native & live in urban area
- ▶ Primary caregiver of American Indian or Alaska Native youth age 12-17

**REGISTER NOW**

Contact information:  
(716) 874-4460



Your family could be eligible to receive up to \$200 in gift cards

**ASU** Global Center for Applied Health Research  
Arizona State University



## WORKFORCE DEVELOPMENT SERVICES



*A Tradition of Caring*

### Services we provide:

- ⇒ Case management/career counseling
- ⇒ Job search and placement assistance
- ⇒ Assistance in identifying employment barriers
- ⇒ Occupational skills training/skills upgrade
- ⇒ Interview preparation
- ⇒ Resume writing assistance
- ⇒ Educational resources and information
- ⇒ Resources for entrepreneurs
- ⇒ Referrals and Linkages to other services
- ⇒ Status card/Tribal documentation assistance

### **Funding Available to Eligible Native Americans for:**

- \* Work Experience Positions
- \* On-the-job Training
- \* Tuition/Books/Educational Support
- \* Work Clothes/Tools
- \* Training/Certification Programs
- \* Other Supportive Services

For more information and/or  
to make an appointment, contact:  
Native American Community Services

Buffalo Office  
716-574-9731

Rochester Office  
585-514-3984

Syracuse Office  
315-322-8754

We have offices in  
Buffalo, Niagara Falls, Lockport,  
Rochester and Syracuse

### Counties we serve:

Erie, Niagara, Orleans, Genesee,  
Wyoming, Monroe, Livingston,  
Wayne, Ontario, Yates, Seneca,  
Cayuga, Oswego, Onondaga,  
Cortland, Oneida, Madison

*Funded by the US Department of Labor*

# Native American Community Services Workforce Development Services



Native American Community Services has a workforce development program that offers employment and education services to the Native American community in Erie and Niagara Counties. The following is a list of services that are available to eligible participants which includes limited financial assistance related to...

**Services provided to eligible participants:**

• Case Management related to workforce activities	• Educational resources and information
• Assistance in identifying barriers to employment	• Tuition/Book assistance
• Career counseling/exploration	• Entrepreneurial/small business technical assistance training information
• Job search and placement assistance	• Follow-up services
• 6-week work experience program	• Referral and linkage services
• Resume/Cover letters and interview assistance	• Status Card/Tribal documentation assistance
• Occupational skills training/Skills upgrade	• Supportive Services
• On-the-job training	• Supplemental Youth Services

**The following are requirements needed to qualify as an eligible participant:**

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>❖ 14 years of age or older</li> <li>❖ Reside on/off the reservation in our service area</li> <li>❖ Native American, Alaska Native or Native Hawaiian</li> <li>❖ Tribal documentation of enrollment in a federal or state recognized tribe</li> </ul> | <ul style="list-style-type: none"> <li>❖ Males 18+ have registered with Selective Service</li> <li>❖ Unemployed or under-employed</li> <li>❖ Laid-off, furloughed or dislocated workers</li> <li>❖ Veteran or Spouse of Veteran</li> <li>❖ Meet all WIOA eligibility guidelines</li> </ul> |
|---|--|

We provide these services to Native Americans living in the following counties of New York State:

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• Erie</li> <li>• Niagara</li> <li>• Orleans</li> <li>• Genesee</li> <li>• Wyoming</li> <li>• Livingston</li> <li>• Monroe</li> <li>• Wayne</li> <li>• Ontario</li> </ul> | <ul style="list-style-type: none"> <li>• Yates</li> <li>• Seneca</li> <li>• Cayuga</li> <li>• Oswego</li> <li>• Onondaga</li> <li>• Cortland</li> <li>• Oneida</li> <li>• Madison</li> </ul> |
|--|--|

*Native American Community Services*  
*1005 Grant Street, Buffalo, NY 14207*  
*(716) 874-4460*

# Food Pantry Guidelines

## OPEN:

Tuesday 10:00am – 1:00pm

Wednesday 10:00am – 1:00pm



## Required Documents:

- Must live in the [14207 or 14216](#) zip code
- Must have [Picture ID](#)
- Must have [ID for everyone](#) in household
- Must have [proof of address](#) (current utility bill)



**\*\*\*If you are a NEW client you must come in before 12 noon\*\*\***

**\*\*\*Please note that clients may come to the pantry one (1) time each calendar month and they may receive service from ONLY one (1) food pantry.\*\*\***



Our organization is here to provide families with a supplemental food base. These supplemental items, when combined with your own provisions, help stretch each family meal. We provide service for numerous families each month and strive to treat each client with fairness and respect. We appreciate your cooperation and understanding of our policies.



# Job Posting



NATIVE AMERICAN COMMUNITY SERVICES OF ERIE & NIAGARA COUNTIES, INC.

1005 Grant Street ● Buffalo, NY 14207-2854 ● (716) 874-4460 ● Fax (716) 874-1874  
1522 Main Street ● Niagara Falls, NY 14305 ● (716) 299-0914 ● Fax (716) 299-0903  
76 West Avenue ● Lockport, NY 14094 ● (716) 302-3035 ● Fax (716) 302-3037  
100 College Avenue, Suite 200 ● Rochester, NY 14607 ● (585) 514-3984  
960 James Street ● Syracuse, NY 13203 ● (315) 322-8754

Equal Opportunity Employer

## Position: Family Preservation Caseworker – Erie County

Type: Full-Time Hourly / Non-Exempt

Salary/ Range: \$17.23- \$19.23 / hour

Office: 1005 Grant Street, Buffalo NY, 14207

### Summary

*The Family Preservation Caseworker works in conjunction with the Local County Department of Social Services (LCDSS /DSS) and is responsible for providing prevention services to families referred from DSS. Incumbent helps children remain safely in their homes and prevent placement outside of their home. All efforts will be performed with understanding of and in accordance with Good Mind principles, while also adhering to the principles of Trauma Informed Care (TIC).*

### ESSENTIAL DUTIES AND RESPONSIBILITIES

- Provide effective and efficient case management for assigned families.
- Maintain strong communication with the family working toward stabilizing and strengthening the family unit, with regular face-to-face contact.
- Make use of appropriate counseling, parent training, home management, support, and advocacy services.
- Work collaboratively with referral sources, community service providers, and family members to meet goals.
- Produce accurate, thorough, and timely progress notes in CONNECTIONS.
- Ensure all court mandated or recommended services are applied and supported.
- Provide transportation for meetings, services, and appointments in a safe, reliable vehicle, as necessary.
- Maintain confidentiality and sensitive information.

### EDUCATION, QUALIFICATIONS, SKILLS

- Bachelor's degree in human service or related field of study required with experience in child welfare.
- Knowledge of ICWA, ASFA, Federal and State regulations, as well as mandated reporting requirements.
- Must be flexible to evening and weekend hours.
- Must pass all background checks and pre-hire requirements.
- Must have clean and valid NYS driver's license and carry minimum auto liability coverage of \$100k/\$300K.
- Intermediate computer skills and understanding of office applications including MS Office Suite.
- Interpersonal skills to work cooperatively and effectively with individuals, groups, and diverse populations.
- Knowledge of local Native American communities.

### BENEFITS

- 403 (b) Retirement Plan
- Health & Dental Insurance
- Life Insurance
- Employee Assistance Program (EAP)
- Flexible Spending Account (FSA)
- Paid Time Off (PTO)

For consideration send Resume to: [humanresources@nacswny.org](mailto:humanresources@nacswny.org)

# Job Posting



NATIVE AMERICAN COMMUNITY SERVICES OF ERIE & NIAGARA COUNTIES, INC.

1005 Grant Street ● Buffalo, NY 14207-2854 ● (716) 874-4460 ● Fax (716) 874-1874  
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100 College Avenue, Suite 200 ● Rochester, NY 14607 ● (585) 514-3984  
960 James Street ● Syracuse, NY 13203 ● (315) 322-8754

Equal Opportunity Employer

## Position: Family Preservation Caseworker – Niagara County

Type: Full-Time Hourly / Non-Exempt

Salary/ Range: \$17.23- \$19.23 / hour

Office: 76 West Ave., Lockport NY, 14094

### Summary

*The Family Preservation Caseworker works in conjunction with the Local County Department of Social Services (LCDSS /DSS) and is responsible for providing prevention services to families referred from DSS. Incumbent helps children remain safely in their homes and prevent placement outside of their home. All efforts will be performed with understanding of and in accordance with Good Mind principles, while also adhering to the principles of Trauma Informed Care (TIC).*

### ESSENTIAL DUTIES AND RESPONSIBILITIES

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- Ensure all court mandated or recommended services are applied and supported.
- Provide transportation for meetings, services, and appointments in a safe, reliable vehicle, as necessary.
- Maintain confidentiality and sensitive information.

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- Knowledge of ICWA, ASFA, Federal and State regulations, as well as mandated reporting requirements.
- Must be flexible to evening and weekend hours.
- Must pass all background checks and pre-hire requirements.
- Must have clean and valid NYS driver's license and carry minimum auto liability coverage of \$100k/\$300K.
- Intermediate computer skills and understanding of office applications including MS Office Suite.
- Interpersonal skills to work cooperatively and effectively with individuals, groups, and diverse populations.
- Knowledge of local Native American communities.

### BENEFITS

- 403 (b) Retirement Plan
- Health & Dental Insurance
- Life Insurance
- Employee Assistance Program (EAP)
- Flexible Spending Account (FSA)
- Paid Time Off (PTO)

For consideration send Resume to: [humanresources@nacswny.org](mailto:humanresources@nacswny.org)

# Job Posting



NATIVE AMERICAN COMMUNITY SERVICES OF ERIE & NIAGARA COUNTIES, INC.

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960 James Street ● Syracuse, NY 13203 ● (315) 322- 8754

Equal Opportunity Employer

## Position: Workforce Development Specialist

Type: Full-Time Hourly / Non-Exempt

Salary/ Range: \$17.00-\$19.50 / hour

Office: **Buffalo** (Travel Required)

### Summary:

*The Workforce Development Specialist assists in planning and implementing goals and objectives of the Workforce Development Component as well as ensuring quality of service provision to clients. Incumbent will be flexible to evening and weekend schedules. All efforts will be performed with understanding of and in accordance with Good Mind Principles, while also adhering to the principles of Trauma Informed Care (TIC).*

### ESSENTIAL DUTIES AND RESPONSIBILITIES:

- Conducts Initial intake and comprehensive testing to determine client eligibility and needs.
- Develops an Individual Employment Plan (IEP) with client.
- Develops and provides workshops to clients in such areas of academic, life skills, and technical areas.
- Keeps abreast of current trends in the local job market.
- Establishes an effective support network and provides referrals for clients.
- Attends and participates in weekly component staff and other required meetings.
- Maintains necessary documentation and ensures the timely completion of all necessary recordkeeping.
- Develops an outreach action plan to successfully recruit and retain participants and employers into the program.
- Conducts outreach to academic entities, unions, coalitions, service providers, and other individuals/agencies to promote services, develop linkages, build network opportunities and advocate for issues in the Native American Community.
- Develops and nurtures relationships with employers for on-the-job training agreements and work experience opportunities for clients.

### EDUCATION, QUALIFICATIONS, SKILLS:

- Bachelor's degree in human service or related field of study preferred, with three (3) years' experience in workforce development including supervision and program management, or a combination of education and work experience
- Knowledge of local area service providers
- Must pass all background checks and pre-hire requirements
- Must have clean and valid NYS driver's license and carry minimum auto liability coverage of \$100k/\$300K
- Intermediate computer skills and understanding of office applications including MS Office Suite
- Interpersonal skills to work cooperatively and effectively with individuals, groups, and diverse populations
- Knowledge of local Native American communities
- Must be able to lift minimum of 30 lbs.
- Must be able to perform in a smoke-free environment

### BENEFITS:

- 403 (b) Retirement Plan
- Health & Dental Insurance
- Life Insurance
- Employee Assistance Program
- Flexible Spending Account
- Paid Time Off (PTO)

For Consideration send resume to [humanresources@nacswny.org](mailto:humanresources@nacswny.org)



# Job Posting



NATIVE AMERICAN COMMUNITY SERVICES OF ERIE & NIAGARA COUNTIES, INC.

1005 Grant Street ● Buffalo, NY 14207-2854 ● (716) 874-4460 ● Fax (716) 874-1874  
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100 College Avenue, Suite 200 ● Rochester, NY 14607 ● (585) 514-3984  
960 James Street ● Syracuse, NY 13203 ● (315) 322-8754

Equal Opportunity Employer

## Position: ROOTs (Rediscovering Our Onkwehón:we Traditions) Project Specialist

Type: Full-Time Hourly / Non-Exempt

Salary/ Range: \$17.23- \$19.23 / hour

Office: 1005 Grant Street, Buffalo NY 14207

### Summary

*The ROOTs Project Specialist will assist in planning and implementing goals and objectives of the ROOTs project. The ROOTs Project will provide cultural education programs and resources for the community. All efforts will be performed with understanding of and in accordance with Good Mind principles, while also adhering to the principles of Trauma Informed Care (TIC).*

### ESSENTIAL DUTIES AND RESPONSIBILITIES

- Assists in planning and developing a three-year project design that infuses cultural teachings, and activities, focusing on strengthening cultural self-sufficiency of the local Native American communities.
- Collaborate with the Community and Cultural Services Director on developing strategies for strengthening the cultural knowledge of the Native American community.
- Implement and plan weekly programming in areas such as but not limited to: Haudenosaunee teachings, cultural presentations, practices, life skills, advocacy, leadership, and business opportunities.
- Create and maintain a cultural resource guide for the program, NACS, and community members.
- Recruit participants for the ROOTs program through outreach events and materials.
- Maintains proficiency in areas related to Haudenosaunee teachings and cultural practices.
- Fosters and maintains community partnerships relating to the design and implementation of the project.
- Travels to all NACS' office areas (Buffalo, Niagara Falls, Lockport, Rochester, and Syracuse) as necessary for programming.
- Maintain necessary documentation and ensures the timely completion of all necessary recordkeeping, including the utilization of database systems.
- Ensures the project remains compliant with all contractual obligations and requirements.

### EDUCATION, QUALIFICATIONS, SKILLS

- Bachelor's degree in human service or related field of study preferred.
- Experience working with community and group settings. Work experience may replace some of the education requirements at the discretion of the Executive Director.
- Knowledge of local Native American communities and teachings.
- Must be flexible to evening and weekend hours as needed.
- Must pass all background checks and pre-hire requirements.
- Must have clean and valid NYS driver's license and carry minimum auto liability coverage of \$100k/\$300K.
- Computer skills and understanding of office applications including MS Office Suite.
- Interpersonal skills to work cooperatively and effectively with individuals and groups.
- Effective problem solving, organization, time management, and communication skills.

### BENEFITS

- 403 (b) Retirement Plan
- Health & Dental Insurance
- Life Insurance
- Employee Assistance Program
- Flexible Spending Account
- Paid Time Off (PTO)

For consideration send Resume to: [humanresources@nacswny.org](mailto:humanresources@nacswny.org)

# Job Posting



NATIVE AMERICAN COMMUNITY SERVICES OF ERIE & NIAGARA COUNTIES, INC.

1005 Grant Street ● Buffalo, NY 14207-2854 ● (716) 874-4460 ● Fax (716) 874-1874  
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100 College Avenue, Suite 200 ● Rochester, NY 14607 ● (585) 514-3984  
960 James Street ● Syracuse, NY 13203 ● (315) 322-8754

Equal Opportunity Employer

## Position: Erie County Clubhouse Youth Leader – 3 openings

Type: Part-time Hourly / Non-Exempt

Salary/ Range: \$16.00- \$17.00 / hour

Office: 1005 Grant Street, Buffalo, NY 14207

### Summary

*The Youth Leaders assist the Clubhouse Manager in providing a safe, supportive, culturally appropriate, alcohol and drug free environment for all members. The Clubhouses welcome self-identified Native American youth and young adults ages 12-17. Leaders will provide transportation, supervision, and leadership. Recruitment through outreach and attending and participating in weekly staff meetings will also be required. Leaders must be available for non-traditional hours, meaning evenings, and weekends. The Clubhouses are open 25 hours per week both in-person and virtually. All efforts will be performed with understanding of and in accordance with Good Mind principles, while also adhering to the principles of Trauma Informed Care (TIC).*

### ESSENTIAL DUTIES AND RESPONSIBILITIES

- Supervise, provide leadership, and be a positive role model for youth.
- Deliver workshops and activities in a confident, organized manner.
- Ensure youth programming utilizes a percentage of evidence-based prevention models.
- Provide safe transportation and/or supervision of youth to and from clubhouse activities.
- Recruit youth through local outreach efforts.
- Adhere to data collection and performance measurement requirements determined by contractual obligations.
- Maintains necessary documentation and ensures the timely completion of all necessary recordkeeping.

### EDUCATION, QUALIFICATIONS, SKILLS

- Bachelors or associates degree in human service or related field of study preferred.
- Experience working with community and group settings. Work experience may replace some of the education requirements at the discretion of the Executive Director.
- Have knowledge and understanding of substance use, and experience with at-risk youth.
- Must be flexible to evening and weekend hours as needed.
- Must pass all background checks and pre-hire requirements.
- Must have clean and valid NYS driver's license and carry minimum auto liability coverage of \$100k/\$300K.
- Familiarity with and sensitivity toward local Native American communities.
- Interpersonal skills to work cooperatively and effectively with individuals and groups.
- Effective problem solving, organization, time management, and communication skills.

### BENEFITS

- Paid Time Off (PTO)
- Employee Assistance Program

For consideration send Resume to: [humanresources@nacswny.org](mailto:humanresources@nacswny.org)

# Job Posting



NATIVE AMERICAN COMMUNITY SERVICES OF ERIE & NIAGARA COUNTIES, INC.

1005 Grant Street ● Buffalo, NY 14207-2854 ● (716) 874-4460 ● Fax (716) 874-1874  
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960 James Street ● Syracuse, NY 13203 ● (315) 322-8754

Equal Opportunity Employer

## Position: Niagara County Clubhouse Youth Leader – 3 openings

Type: Part-time Hourly / Non-Exempt

Salary/ Range: \$16.00- \$17.00 / hour

Office: 1522 Main Street, Niagara Falls, NY 14305

### Summary

*The Youth Leaders assist the Clubhouse Manager in providing a safe, supportive, culturally appropriate, alcohol and drug free environment for all members. The Clubhouses welcome self-identified Native American youth and young adults ages 12-17. Leaders will provide transportation, supervision, and leadership. Recruitment through outreach and attending and participating in weekly staff meetings will also be required. Leaders must be available for non-traditional hours, meaning evenings, and weekends. The Clubhouses are open 25 hours per week both in-person and virtually. All efforts will be performed with understanding of and in accordance with Good Mind principles, while also adhering to the principles of Trauma Informed Care (TIC).*

### ESSENTIAL DUTIES AND RESPONSIBILITIES

- Supervise, provide leadership, and be a positive role model for youth.
- Deliver workshops and activities in a confident, organized manner.
- Ensure youth programming utilizes a percentage of evidence-based prevention models.
- Provide safe transportation and/or supervision of youth to and from clubhouse activities.
- Recruit youth through local outreach efforts.
- Adhere to data collection and performance measurement requirements determined by contractual obligations.
- Maintains necessary documentation and ensures the timely completion of all necessary recordkeeping.

### EDUCATION, QUALIFICATIONS, SKILLS

- Bachelors or associates degree in human service or related field of study preferred.
- Experience working with community and group settings. Work experience may replace some of the education requirements at the discretion of the Executive Director.
- Have knowledge and understanding of substance use, and experience with at-risk youth.
- Must be flexible to evening and weekend hours as needed.
- Must pass all background checks and pre-hire requirements.
- Must have clean and valid NYS driver's license and carry minimum auto liability coverage of \$100k/\$300K.
- Familiarity with and sensitivity toward local Native American communities.
- Interpersonal skills to work cooperatively and effectively with individuals and groups.
- Effective problem solving, organization, time management, and communication skills.

### BENEFITS

- Paid Time Off (PTO)
- Employee Assistance Program

For consideration send Resume to: [humanresources@nacswny.org](mailto:humanresources@nacswny.org)



Native American Community Services  
of Erie & Niagara Counties, Inc.  
1005 Grant Street  
Buffalo, New York, 14207

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FUNDED BY: Erie County Department of Social Services; Erie County Youth Bureau; New York State Office of Children & Family Services; New York State Office of Alcoholism & Substance Abuse Services; Community Foundation for Greater Buffalo; Niagara County Department of Social Services, Niagara County Office of the Aging; US Department of Labor; Administration for Native Americans (ANA); Jessie Smith Noyes Foundation; The Oishei Foundation; Erie County Department of Mental Health; NYS Research Foundation for Mental Health; NYS Medicaid Program 29-I; Western New York Foundation; New York State Department of Health/AIDS Institute, as well as businesses, foundations and caring individuals.